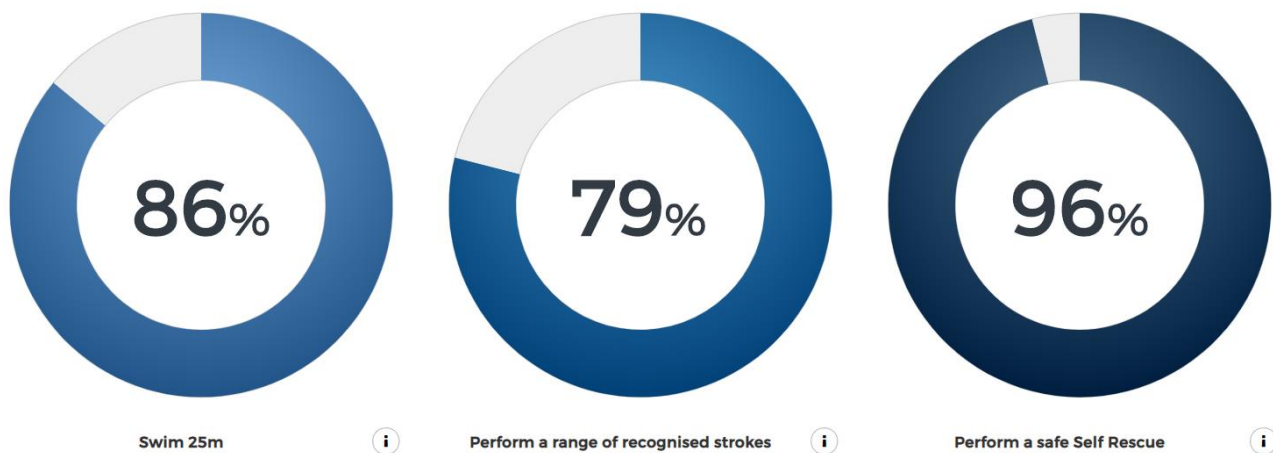


Swimming standards at Sacred Heart 2019-2020

Regarding new government guidelines, by the time children leave primary school, they should be able to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

Current Year 6 cohort



Those who did not manage to achieve the standards have been offered extra swimming lessons by the school.

In addition to this, we can see that 61% of the cohort managed to achieve above the standards and swim a distance of 50m.

